



# FLINT HOUSE

POLICE REHABILITATION CENTRE

## MENTAL HEALTH SUPPORT PROGRAMME



The Mental Health Support Programme offers support for those with common mental health issues in a safe and relaxed environment in a beautiful countryside setting.

Independent research by the Mind Blue Light Programme shows that members of the emergency services are even more at risk of experiencing a mental health problem than the general population, but are less likely to seek support.

Tel: 01491 874499

[www.flinthouse.co.uk](http://www.flinthouse.co.uk)